

ALEJANDRO GARCÍA



PERFIL

Graduated in Physical Activity and Sports Sciences, teacher of Padel and Tennis. Lover of sports, especially racket sports, enthusiastic about paddle , I think that sport is necessary in everyone's daily life.

I like to actively participate in the visibility and dissemination of this sport. Achieving the objectives set by my students is always the biggest challenge. To do this, understanding what they are, adapting them and individualizing them is always a priority for success in learning

FORMACIÓN

Degree in Physical Activity and Sport Sciences 2010/2014-University of Extremadura.Paddle Instructor -Extremadura Paddle Tennis Federation
Tennis Instructor -Spanish Tennis Federation
Master's Degree in Teacher Training-University of Extremadura

EXPERIENCIA

Paddle and tennis instructor at Real Club Social Hípico, Valladolid - 2023-present

Paddle Tennis Instructor at Padeltop Simancas, Valladolid - 2023-present

Padel instructor at Vip Padel, Valladolid - 2023-present

Physical Trainer for WPT Players - 2021-2022

Padel Instructor at Set One, Valladolid - 2021-2023. Direction, management and organization of the school

Tennis and paddle tennis instructor at Don Tello golf club, Mérida - 2013-2020.

Sports school instructor ,Cáceres - 2015-2018

Tennis instructor at Equelite de JC Ferrero, Alicante 2013

OBJETIVOS QUE ME PLANTEO COMO PROFESOR DE PÁDEL

In this decade of teaching I have been able to see how the objectives and needs of students can be different, we could differentiate 3 groups in any school, they would be initiation, amateur and competition.

Knowing how to differentiate and give each one what they need and want is key to learning.

My main goal is to transmit my knowledge of paddle and sport adapting them to the needs of users to improve, achieve their goals and feel fulfilled and satisfied.

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